Doorway to an Enlightened World

The Tibetan Shrine from the Alice S. Kandell Collection

March 19–November 27, 2016
Doorway to an Enlightened World: The Tibetan Shrine from the Alice S. Kandell Collection, offers visitors the rare opportunity to encounter superb works of Tibetan Buddhist art, not as individual, unconnected pieces, but rather in the traditional form of a shrine, the sacred context for which they were first created and displayed.

The works of art, created between the 13th and 19th centuries in artistic centers on the Tibetan Plateau and in China and Mongolia, are arrayed in a religiously appropriate manner: ritual implements are placed on lower tables, while images of the Buddha appear in the highest and most prominent positions. The massing of gilded, patterned, jeweled, and draped objects re-creates the glowing ambience in which the objects would have been encountered originally.

Over decades, collector Alice S. Kandell acquired hundreds of bronze sculptures, thangkas, textile banners, painted furniture, and ritual implements. Her interest in Tibetan art and culture began during her college years when she took the first of many trips to Sikkim, Tibet, and Ladakh. Throughout her career as a child psychologist in New York, she continued to pursue her love of Tibetan Buddhist sacred art, traveling, collecting, and documenting the art and culture of the region.

In 1994, Kandell merged her own collection with that of Philip Rudko, a serious collector of Tibetan and Mongolian art for more than forty years, to create one of the most comprehensive Tibetan art collections in the United States. The collection was organized as a shrine in Ms. Kandell’s New York apartment until 2011, when she donated the extraordinary collection to the Arthur M. Sackler Gallery in Washington, DC, which organized the traveling exhibition.
PUBLIC PROGRAMS

These programs are free, but a reservation is required by contacting Alyson Vuley at 404-727-0519 or avuley@emory.edu.

Fee: $15 for Carlos Museum members; $20 for non-members. Registration is required by contacting Alyson Vuley at 404-727-0519 or avuley@emory.edu.

Saturday, March 19, 10 AM. Exhibition Galleries, Level Three
Artful Stories: Tibetan Tales for Little Buddhas ▲
Children will sit beneath the towering mountains of the Himalayas and hear a story from Naomi C. Rose’s beautifully illustrated book about a young monk in training and his mysterious encounter. Children will meet a grown-up Tibetan monk and learn a few words in Tibetan before making paper prayer flags. For ages 3–5, with an adult companion.

Sunday, March 20, 2–4 PM. Tate Room, Plaza Level
Children’s Workshops: Eight Auspicious Symbols ❖
Children will discover the meaning of the eight auspicious symbols on the Tibetan Shrine and then move to the studio to create scroll paintings of them with artist Ana Vizurraga. For ages 6–8.

Monday, March 21, 7:30 PM. Reception Hall, Level Three
Collecting Conservation ▲
In conversation with Joyce Flueckiger, professor of religion at Emory, Alice S. Kandell, whose collection comprises the exhibition, will share her passion for the Buddhist way of life, for collecting and preserving the works of art that form the shrine, and for her work photographing the landscapes and people of Tibet, Ladakh, and Sikkim.

Thursday, March 24, 4 PM. Reception Hall, Level Three
AntiquiTEA

Enjoy Himalayan ginger, lemon, honey tea as Tawni Tidwell, PhD candidate in Emory’s Department of Religion and recent graduate of Qinghai Medical College, explores the origins of Tara in Buddhist narrative as well as her role in meditational practice. The talk will introduce Tara’s various forms and attributes, her potency in providing insight, skillful means, and compassion, and her invocation for healing and the general alleviation of all suffering.

Saturday, March 26, 10 AM–Noon. Reception Hall, Level Three
Membership Appreciation: Sand Mandalas
View multiple images of the Buddhist deity Tara in the exhibition and in the sand mandala of Green Tara constructed by monks from the Mystical Arts of Tibet. After speaking with the monks about the imagery on the mandala, use Tibetan chak-purs and brightly colored sand to create your own mandala sand painting. Refreshments will be served. This time is reserved and the event is free for Carlos Museum members.

Saturday, March 26, Noon–4 PM. Reception Hall, Level Three
Family Event: Sand Mandalas
View multiple images of the Buddhist deity Tara in the exhibition and in the sand mandala of Green Tara constructed by monks from the Mystical Arts of Tibet. After speaking with the monks about the imagery on the mandala, use Tibetan chak-purs and colored sand to create an individual mandala sand painting.

Free for Carlos Museum members; $10 for non-member adults, $8 for children ages 6 to 16, free for children 5 and under. Includes admission to the museum.

Monday, March 28, 7:30 PM. Board Room, Level Two
Carlos Reads Book Club
The story of Shakyamuni Buddha’s epic journey to enlightenment is perhaps the most important narrative in the Buddhist tradition and serves as a blueprint for a life of mindfulness, dedicated to the easing of suffering both for oneself and for others.

Tenzin Chögyel’s The Life of the Buddha, composed in the mid 18th century and now in a vivid new translation, is a masterful storyteller’s rendition of the twelve acts of the Buddha. Chögyel’s classic tale seamlessly weaves together the vast and the minute, the earthly and the celestial, reflecting the near-omnipresent aid of the gods alongside the Buddha’s moving final reunion with his devoted son, Rahula. The Life of the Buddha has the power to engage people through a deeply human story with cosmic implications.

Registration is required by calling 404-727-6118. Fee, which includes the book: $20 for Carlos Museum members; $15 for non-members.

Tuesday, March 29, 7:30 PM. Reception Hall, Level Three
Lecture
In a lecture titled Depicting the Many Buddhas, Ellen Gough, assistant professor of religion at Emory, discusses the ways in which philosophical concepts about the plurality and oneness of buddhas relate to the sculpture and painting traditions of Tibet.
Thursday, April 7, 4 PM. Reception Hall, Level Three

AntiquiTEA

Enjoy Himalayan ginger, lemon, honey tea as Tibetan Buddhist monk Geshe Dadul Namgyal of the Emory-Tibet Science Initiative discusses the concept of a shrine in Tibetan Buddhism—what types of objects are brought together on it, the purpose of each, their relationship to each other, and how a practitioner would interact with them and the shrine as a whole.

Thursdays, April 7–28, 7:30 PM. Exhibition Galleries, Level Three

Buddhist Compassion Meditation

Geshe Lobsang Negi, Director of the Emory-Tibet Partnership and the Emory Collaborative for Contemplative Studies, will lead a four-week introduction to the Buddhist practice of meditation.

Week 1: Mindfulness
Week 2: Cultivating Self-Compassion
Week 3: Cultivating Compassion for Others
Week 4: Mantras and Visualizations

Space is limited and registration is required by calling 404-727-6118. Fee: $60 for Carlos Museum members; $80 for non-members.

Monday, April 11, 7:30 PM. Board Room, Level Two

Carlos Reads Book Club

One of the most beloved stories of the Tibetan people and a great literary example of the contemplative life, Tsangnyön Heruka’s The Life of Milarepa, a biography and a dramatic tale from a culture now in crisis, can be read on several levels. A personal and moving introduction to Tibetan Buddhism, it is also a detailed guide to the search for liberation. It presents a quest for purification and buddha-hood in a single lifetime, tracing the path of a great sinner who became a great saint. It is also a powerfully evocative narrative, full of magic, miracles, suspense, and humor, while reflecting the religious and social life of medieval Tibet.

Registration is required by calling 404-727-6118. Fee, which includes the book: $20 for Carlos Museum members; $35 for non-members.

Tuesday, April 12, 7:30 PM. Reception Hall, Level Three

Tibetan Shrine Lecture

One of the least studied areas of Tibetan material culture, furniture from the region has begun to receive more critical attention in recent years. In a lecture titled Tents to Temples: Tibetan Furniture in Practice, Bridget Bray, curator and director of exhibitions at Asia Society, Texas, will provide a broad overview of types, styles, and iconographic elements found in these fixtures of everyday life, with emphasis on use in both religious and secular contexts.

Thursday, April 14, 5 PM. Tate Room, Plaza Level

Workshop for Teachers: Doorway to an Enlightened World

Tibetan Buddhist monk Geshe Dadul Namgyal will explore the shrine with K–12 teachers, focusing on the purpose it serves for practitioners, the types of objects included, and their meaning within Tibetan Buddhism. Fee: $12 for Carlos Museum members; $15 for non-members. Registration required by contacting Julie Green at 404-727-2363 or jgree09@emory.edu.

Friday, April 15, 6 PM. Reception Hall, Level Three

Carlos Reads YA! The Prince and the Zombie: Tibetan Tales of Karma

 Teens will read about the hero Prince Dechö Zangpo and his attempts to capture the cunning, smart-talking zombie in Tenzin Wangmo’s retelling of these ancient Tibetan tales of karma. Teens will then experience an after-hours visit to the Tibetan shrine and discuss the book with Piopah Damiano, PhD candidate in Emory’s Institute of Liberal Arts. Registration is required by March 15.

 Fee, which includes the cost of the book: $15 for members and $20 for non-members.

Saturday, April 16, 10 AM. Exhibition Galleries, Level Three

Artful Stories for Families: I Was Once A Monkey: Stories Buddha Told

A light shines in a dark cave where Monkey, Turtle, and other animals have sought refuge—but it’s no ordinary light. It is the Buddha, who shares stories of his lives with his animal companions. After hearing Jeanne M. Lee’s retelling of the Jataka tales in front of the Tibetan shrine, children will make block prints of the animals featured in the stories. For ages 3–5, with an adult companion.

Sunday, April 17, 2–4 PM. Reception Hall, Level Three

Special Event: Making Momos

Learn to make momos, traditional Tibetan dumplings, with Tsetan Dolkar.

Tuesday, April 19, 7:30 PM. Reception Hall, Level Three

Lecture

A significant Buddhist form, the stupa is a container of sacred relics—first of the historical Buddha, then of later significant Buddhist figures—while simultaneously a representation of the ordering of the universe, a connection between the earth and the heavens, and
a symbol of the enlightened mind. Not only are stupa an important component of Tibetan Buddhist altars—both private domestic altars as well as more public temple altars—but they also range from small votive offerings, measuring less than one square inch, to massive architectural structures to be circumambulated that are found throughout the world. In an illustrated lecture titled Stupa & Sacred Geography in Private & Public Settings, Katherine Anne Paul, curator of the Arts of Asia at the Newark Museum, will map the sacred geography of stupa—large and small, personal and public—that connect to Tibetan Buddhist practice.

Thursday, April 21, 4 PM. Reception Hall, Level Three

**AntiquiTEA**

Enjoy Himalayan ginger, lemon, honey tea as Daniel McNamara, PhD candidate in Emory’s Department of Religion, discusses an 18th-century thangka painting of Chakrasamvara on display in the exhibition. He will explore the various ways that Buddhists might interact with the image: as an object of devotion, as a map for transformation into an enlightened being through tantric practice, and as an illustration of the results of that practice.

Sunday, April 24, 2–4 PM. Tate Room, Plaza Level

**Children’s Workshops: Stupas: Mind and Cosmos**

A stupa, or chorten in Tibetan, represents both the Buddha’s mind and the cosmos. Artist Pam Beagle-Daresta will lead children on an exploration of the stupas in the Tibetan shrine and of sacred monumental stupas in India and Tibet before making their own stupas. For ages 9–12.

Monday, April 25, 4 PM. Reception Hall, Level Three

**Panel Discussion**

Sara McClintock of Emory’s Department of Religion will moderate a panel discussion on issues related to the display of Buddhist religious art in museums featuring religious studies scholars and members of the Tibetan community.

Tuesday, April 26, 7:30 PM. Reception Hall, Level Three

**Lecture**

In a lecture titled Ranks, Roles, and Wrath: The Typology of Wrathful Deity Images in Tibetan Buddhist Art, Rob Linrothe, associate professor in the Department of Art History at Northwestern University, will discuss various categories of wrathful deities in Tibetan Buddhism, primarily using examples still in situ in Tibet and neighboring regions. These include male and female guardians, enlightened protectors, and tutelary deities, each with separate though sometimes overlapping functions that are reflected in their formal appearance as well as in the context or location in which they are placed.

**Camp Carlos 2016**

Several of the Carlos Museum’s popular Camp Carlos sessions will focus on the Tibetan shrine, including an opportunity for teenagers to work with Tibetan woodcarver Yama Phuntsok. Visit [http://carlos.emory.edu/education/public-programs/child-family-programs](http://carlos.emory.edu/education/public-programs/child-family-programs) for more information and to register.

Monday–Friday, June 6–10 for 7–9 year olds.
Monday–Friday, June 13–17 for 10–12 year olds.

**At the Threshold: Shrines in World Cultures**

Monday–Friday, June 20–24 for 7–9 year olds.
Monday–Friday, June 27–July 1 for 10–12 year olds.

**Thangkas and Taras**

Monday–Friday, July 11–15 for 13–17 year olds.

**Teen Camp Carlos: Tibetan Woodcarving**

Cabinet. Tibet. Painted wood.
The Alice S. Kandell Collection, Arthur M. Sackler Gallery*
The Emory-Tibet Partnership, the Drepung Loseling Monastery, the Mystical Arts of Tibet, Emory’s Department of Religion, and the Carlos Museum present the 14th annual celebration of Tibet Week, March 21–26. The exhibition, *Doorway to an Enlightened World: The Tibetan Shrine from the Alice S. Kandell Collection*, provides the framework for many of this year’s Tibet Week programs, from a “collecting conversation” between Dr. Kandell and Emory Professor of Religion Joyce Flueckiger on Monday, March 21, at 7:30 pm, to the return of Tibetan Buddhist monks from the Mystical Arts of Tibet constructing the sand mandala of Green Tara (below) in the gallery next to the shrine. The Tibetan shrine features multiple images of the Buddhist deity Tara, and Tawni Tidwell, PhD candidate in the Department of Religion, will discuss the multiple forms of the deity in an *AntiquiTEA* program on March 24 at 4 pm. To help visitors appreciate the elaborately carved and painted furniture in the shrine, master woodcarver Geshe Tsering Phuntsok will demonstrate traditional carving techniques. Daily meditations are scheduled in the exhibition galleries. For a complete listing of Tibet Week programs, visit bit.do/EmoryTibetWeek2016
The Michael C. Carlos Museum is situated on the historic quadrangle of the Emory University campus. 

**Join Us** Call 404-727-2623; email carlosmembership@emory.edu; visit carlos.emory.edu/join

**Hours** Tuesday through Friday: 10 AM–4 PM; Saturday: 10 AM–5 PM; Sunday: NOON–5 PM; Closed Mondays and University holidays.

**Admission** Adults: $8. Emory students, faculty, and staff: Free. Students, seniors, and children ages 6–17: $6 (Children ages 5 and under free).

**Public Transportation** MARTA bus line 6 Emory from Inman Park/Reynoldstown and Lindbergh stations or 36 North Decatur from Avondale and Midtown stations.

**Parking** Paid visitor parking in the visitor sections of the Fishburne and Peavine Parking Decks and in the new Oxford Road Parking Deck, located behind the new Barnes and Noble @ Emory, 1390 Oxford Road.

**Handicapped Parking** Drop off for handicap visitors at Plaza level entrance on South Kilgo Circle. Handicap-accessible parking is available in the Oxford Road and Peavine Decks. A handicap-accessible shuttle runs from the Peavine Deck, weekdays every 10 minutes.

**Tours** Advanced booking required for weekday or weekend groups of 10 or more. For reservations, please call 404-727-0519 at least two weeks before your group would like to visit.

**Public Tours** Depart from the rotunda on Sundays at 2 PM.


**Museum Information** 404-727-4282

**World Wide Web Access** carlos.emory.edu

**Stay Connected**

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**100 FREE DAYS**

In 2019 the Michael C. Carlos Museum will celebrate the 100th anniversary of its formal founding at Emory University’s Atlanta campus. The Carlos Museum is planning a series of exhibitions, programs, and special events as part of the centennial year and will offer 100 free days to celebrate this important milestone. One hundred free admission days are scheduled between now and 2019 as a way to thank the community whose support has played such a significant role in the story of the museum’s success. Visit carlos.emory.edu for a list of upcoming dates with free admission from 1–4 pm.

The exhibition has been organized by The Freer Gallery of Art and Arthur M. Sackler Gallery of the Smithsonian Institution. The exhibition in Atlanta has been made possible through generous support from the Thalia N. Carlos and Chris M. Carlos Foundation, Inc.; the Thalia and Michael C. Carlos Foundation, Inc.; the E. Rhodes & Leona B. Carpenter Foundation; the Highland Vineyard Foundation; Veneralia 2016 Donors; and Christine Tryba-Cofrin and David H. Cofrin. Special thanks to Dr. Sara McClintock and Emory’s Department of Religion, the Emory-Tibet Partnership, and the Drepung Loseling Monastery.

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**Cover** Kanakamuni Buddha, 18th century. Lhasa or Shigatse, Central Tibet. Gilt copper alloy.*

**Back Cover** A Shrine for Tibet (section).*

*Photos courtesy of The Freer Gallery of Art and Arthur M. Sackler Gallery, Smithsonian Institution. From The Alice S. Kandell Collection.