Ndebele Dolls

The Ndebele, pronounced In-de-bey-lay, women of Southern Africa create dolls with colorful designs. The miniature dolls are dressed in the style of traditional women’s costumes. They wear beaded capes and bands on their necks and legs. Some dolls wear a nyoga, which is a long train of beads that a bride wears before marriage. In the past young girls received these dolls when they became initiated as women, as a fertility charm. Now Ndebele dolls are used mostly as ornaments and are made for the tourist trade.

Materials needed:
4” length of black soaker hose (available at home and garden centers)
pony beads in various colors
beaded string in black and white (or colors if possible) available in fabric stores pre-cut in 6”
3” pieces of various types of cloth
small strips (1/4”x 3”) of tooling foil
black fabric cut into 7”squares
tacky glue
scissors
30 gauge wire pre-cut into 4” lengths

Procedure:

Step 1. Take a piece of the soaker hose for the doll’s body and a styrofoam ball for the head. Cover the ball with a square of black fabric and tie with a piece of wire.

Step 2. Place a small bead of tacky glue on the top side of the soaker hose, insert the head and hold with pressure for sixty seconds.

Step 3. Wrap the body with strips of fringe and glue holding each about sixty seconds. Small drops of glue work best.

Step 4. Add beaded string strands to the head for hair. Wrap a foil strip around the base the neck. Use large pony beads to make eyes and a mouth. Add more beads to the body to further decorate. (Make as many variations to the above steps as your creativity will allow!) Place in a paper bag and allow every thing to dry.